



## **Ward 30**

Information for families and carers

Developed by and reviewed by Tayside Children's  
Information Leaflet Group and parents.

Reviewed: 08/2020 Review: 08/2022 LN1005

**Tayside Children's Hospital**  
**Ward 30**

Telephone: 01382 633830

The aim of this leaflet is to give you information about Ward 30, which is the day surgical ward in the Children's Hospital at Ninewells.

Your child is being admitted for a surgical procedure and may require an overnight stay. In this event your child will be transferred to Ward 29, which is located on Level 4 and is open 24 hours a day.

### **Ward 30 opening times:**

Monday to Friday, 7.30am – 8.00pm

Ward 30 is closed over the weekend and all public holidays

Telephone: 01382 633830

If you would like to visit the hospital before the admission day, please telephone Ward 30. Showing your child around the hospital will help them find out more about what to expect when they come in to have their operation. If you have any questions or problems please feel free to contact the ward.

### **Important Information**

#### **1 day before the admission date:**

A member of staff will inform you of the approximate time of surgery and when your child can last have something to eat and drink. They will also ask you a few questions in regards to your child's normal routine. At this time, please inform us of any special requirements or individual needs your child may have.

If for any reason you have not heard, please contact the ward on 01382 633830.

Space on the ward is limited. Children need a quiet ward to recover in. We would remind you of the rule, **only two adults at the bedside at any one time.**

### **Facilities available**

There are facilities available for parents/guardians, please ask a member of staff.

Restaurant and shopping facilities are available in the main entrance of the hospital.

For safety reasons **hot drinks are not allowed** in the ward area. Please check with a member of staff before consuming any food on the ward.

### **Telephone**

Mobile phones can be used in designated areas.

### **When can we go home?**

Your child will be able to go home once the discharge criteria have been met:

- They have had something to eat and drink
- You and your child are happy to go home
- The nurse is happy for your child to go home

**The Anaesthetist**, a consultant doctor who specialises in anaesthetics, will look after your child. He/she will check on your child's general health and ask questions about:

- coughs or colds
- allergies
- wobbly teeth
- medication taken
- previous anaesthetics

The anaesthetist will discuss the type of anaesthetic to be used for your child's operation.

He/she will also discuss pain relief that your child will receive before, during and after their operation.

There will be an opportunity to discuss what type of anaesthetic is used to go to sleep, and to tell your child what this experience is like.

If your child has been unwell the anaesthetist may decide to cancel your child's operation.

## Visiting

**Please note that our visiting guidance described below is subject to change due to the ongoing COVID pandemic. Staff will inform you of current guidance during the pre-admission phone call.**

We ask that only the parents and/or guardians of the child come with them into the ward. Alternative arrangements for siblings should also be made.

## Please note:

As Ward 30 is closed over the weekend and all public holidays, if your child requires surgery on a Monday or Tuesday at these times, we will always contact you on the Friday prior to this.

## Internet access:

If you have access to the internet you can now view a short film online. This lasts for 7 minutes and explains the procedure for the day through the eyes of a child. The information is relevant for children of all ages. It is designed to be viewed by children and their parents or if you prefer you may wish to view the information yourself first and then watch it with your child.

To view the film, go to:

[http://www.nhstayside.scot.nhs.uk/OurServicesA-Z/ChildrensServices/PROD\\_209495/index.htm](http://www.nhstayside.scot.nhs.uk/OurServicesA-Z/ChildrensServices/PROD_209495/index.htm)

Scroll down the page and click on View the Children's Hospital DVD

If you do not have an internet connection, please do not be concerned as we have DVD copies that you and your child can watch on arrival to the ward.

## What shall I tell my child?

Most children are less anxious about coming to hospital if they know what to expect. It is important to tell your child that they are going to have an operation, why this is needed and what will happen.

Tell your child in a simple but honest way about what to expect using pictures, leaflets or storybooks.

### **Can I stay with my child?**

Yes. Parents are welcome to stay with their child throughout the day; however, only one parent can stay overnight.

Please note: only **one** parent may stay with their child during the COVID pandemic.

### **Please note:**

Only **one** parent can go into the anaesthetic room with their child.

### **What do I need to bring for my child?**

- A pair of slippers and pyjamas
- Top and bottoms which are easy to remove – loose fitting clothing
- **Don't forget any favourite teddy or comforter/special toy**
- If your child is using nappies and baby feeds, please bring these with you
- Bring any medication your child may be taking

### **Valuables:**

NHS Tayside does not accept responsibility for loss of valuables.

### **Who will we see?**

When your child is admitted you will meet various people who will look after your child during their stay.

**The Nurse** will introduce them self to you and your child and will show you to your child's bed or admission waiting area.

The nurse will:

- check your child's temperature, pulse and weight
- place a hospital bracelet on your child's wrist which states his/her name and date of birth
- put a local anaesthetic cream on the back of your child's hands, to numb the skin before a cannula (small plastic tube) can be put in

**A Play Specialist** will introduce them self to you and your child. They can give your child toys, games and crafts to help pass the waiting time and help distract them from being anxious.

**The Ward Doctor** will come and see you and ask some questions about your child's medical history and carry out a brief examination.

**The Surgeon** who will carry out your child's surgery will come to see you.

He/she should have explained to you before the day of admission about your child's operation.

They will ask you to read and sign a consent form that explains about your child's operation and is a record that shows the discussion has taken place.